

Poplar Farm Weekly Newsletter

Monday 1 June 2020

Welcome back to term 6 - although it is slightly different to the usual start of a new term! I hope you are all keeping well. It has been lovely to be able to keep in touch with you all on Class Dojo and with some phone calls. Staff members have all appreciated your support and your positive comments about the work that has been sent home. Thank you!

As school slowly and safely starts to re-open to more children, there have been some amendments to our behaviour and safeguarding policies. You can view these on the school website: <https://www.poplarfarmsch-cit.co.uk/website/policies/283963>

We will continue to inform you about any changes to school life, including when Y1 children will be able to start coming back to school.

If you have any questions or queries, please don't hesitate to contact us.

Mrs Hodson

Head Teacher

Coronavirus Updates

The childcare provision for the children of Key Workers will continue. The weekly bookings will also continue in case any of you have a change to your shift patterns. Please only book for childcare if no-one is at home to look after your child.

The booking form will be sent to you on a Monday, and must be completed by 3pm on a Wednesday.

If you have any questions about this, please send me a message on Class Dojo.

Using the information you sent to school a couple of weeks ago, we have started to compile class 'bubbles' for the children. Once children have been allocated a bubble, they cannot be changed, and their days in school will remain the same. All bubbles have their own:

- Classroom (no more than 9 children)
- Teacher
- Toilets to use
- Outside space.

These measures will ensure we can follow the social distancing guidance, the best we can.

Diary Dates

Monday 1 June - Weekly theme 'Feeling Safe'

Monday 1 June - First day of term 6

Monday 1 June - International children's day

Friday 5 June - World environment day

Monday 8 June - Weekly theme 'The Seaside'

Tuesday 9 June - World oceans day

Monday 15 June - Weekly theme 'Under the Sea'

Wednesday 17 June - 5pm EYFS new starter evening for parents

Thursday 18 June - International picnic day

Thursday 18 June - 5pm EYFS new starter evening for parents

Monday 22 June - Weekly theme 'In the Jungle'

Monday 22 June - World wellbeing week

Wednesday 24 June - National writing day

Monday 29 June - Weekly theme 'The Circus'

Monday 6 July - Weekly theme 'Polar Regions'

JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good, even on the difficult days	2 Re-frame a worry and try to find a positive way to respond	3 Think of 3 things you're grateful for and write them down	4 Show your appreciation to those who are helping others	5 Smile and be friendly, even while you're social distancing	6 Notice the upsides during the lockdown, however small	7 Find a joyful way of being physically active (indoors or out)
8 Write a letter to thank someone for what they did	9 Find the joy in music today: sing, play, dance or listen	10 Take a photo of something that brings you joy and share it	11 Say positive things in your conversations with others today	12 Make a plan with friends to do something fun together	13 Appreciate the joy of nature and the beauty in the world around	14 Do three things to bring joy to other people today
15 Rediscover a fun childhood activity that you can enjoy today	16 Ask a loved one what they feel grateful for at the moment	17 Be kind to you. Treat yourself the way you would treat a friend	18 Send a positive note to a friend who needs encouragement	19 Create a list of favourite memories you feel grateful for	20 Make time to do something playful today, just for the fun of it	21 Enjoy trying a new recipe or cooking your favourite food
22 Share a happy memory with someone who means a lot to you	23 Look for something to be thankful for where you least expect it	24 Thank a friend for the joy they bring into your life	25 Eat food that makes you feel good and really savour it	26 See the upside in a difficult situation you learnt from	27 Watch something funny and enjoy how it feels to laugh	28 Create a playlist of your favourite songs and enjoy them
29 Take time to do something that makes you happy today	30 Make a list of the joys in your life and keep adding to them	"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle				

ACTION FOR HAPPINESS

30 actions to look after ourselves and each other as we face this global crisis together

www.actionforhappiness.org

Keep Calm - Stay Wise - Be Kind

These Action for Happiness calendars have some lovely ideas to help everyone stay positive during these unusual times. Please share any photos of you completing these for us to share on twitter.

